

# MAKING DISCIPLES

## **Matthew 28:19-20**

“Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

## **Acts 1:8**

“But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

## **2 Timothy 2:2**

“And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.”

## **Essentials (To Be Taught)**

These are lessons, practices, and qualities of a follower of Christ that can be passed on through teaching and study.

1. Security of the Believer
2. Forgiveness of sin(s)
3. Vision for Spiritual Growth
4. Lordship/Obedience
5. Holy Spirit's Role
6. The Word
7. Prayer
8. Fellowship/Accountability
9. Witnessing/Evangelism
10. Multiplication (Disciple making)

## **Life on Life (To Be Caught)**

These are practices, characteristics, and elements of a believer's life that should be modeled, discussed, and observed for a more full picture of the transformation from a relationship with Jesus Christ.

1. Faith
2. Family
3. Friends
4. Health (Spiritual, Emotional, Mental, Physical)
5. School
6. Future
7. Finances
8. Fun

**Me → Disciple → Disciple's Disciples → 4<sup>th</sup> Generation**

4<sup>th</sup> generation is when we accomplish 2 Timothy 2:2

# LESSON 1: SECURITY OF THE BELIEVER

## Study (Read. Observe. Apply.)

John 10:25-30

1. Do you believe that Jesus Christ is not only God, but is the Son of God and died to save you from the penalty of your sins?
2. What does this verse tell you about those who belong to Jesus (10:27-29)?

1 John 5:11-13

1. Why is John writing these verses to us (5:13)?
2. How does someone have eternal life (5:11-12)?

Ephesians 1:13-14

1. When you become a Christian what do you receive (1:13)?
2. What promise comes with this (1:14)?

Ephesians 2:1-10

1. Before you became a Christian how did you once live (2:1-3)?
2. Who is the one who saved us (2:4-5)? How (2:8-9)?

Romans 8:31-39

1. If you are a Christian who can condemn you (8:33)?
2. What can separate you from the love of Christ (8:35-39)?

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## Challenge

Memorize Verses

## Memorize

John 10:25-30; Ephesians 2:1-10

## Supplemental Verses/Tools

John 17:3; Romans 8:5-17; John 1:12; John 3:16

# LESSON 2: FORGIVENESS OF SIN

## Study (Read. Observe. Apply.)

Genesis 2:16-17/Genesis 3:1-3

1. Was God the one who tempted Adam and Eve? Who tempted them?
2. Who choose to sin? Man or God?

1 John 1:8-10

1. What does John say we are doing if we claim to be without sin (1:8, 19)?
2. However, what happens if we confess our sin (1:9)?

Ephesians 1:7-10

1. What do we get because of Jesus' death (1:7)?

Psalms 119:9-11

2. How do we stay pure/clean from sin (119:9)?
3. What does the Psalmist say we must do to help us battle sin (119:11)?

Psalms 103:10-13

1. How far does the Psalmist say God cast our sins (103:12-13)?

Romans 8:1-2

2. When we sin how do we normally feel?
3. If we are a Christian should we feel this way (8:1-2)

1 Corinthians 10:13

1. When we feel tempted should we just give in or look for a way out (10:13)? Who provides the way out?

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## Challenge

2. Memorize Verses
3. Write out your sins from the past and then write FORGIVEN over each of them
4. Somewhere in your journal or bible write "FORGIVEN // ROMANS 8:1-2"

## Memorize

Psalms 19:14; Psalms 119:9-11; Isaiah 43:25; Romans 8:1-2

## Supplemental Verses

1 John 2:15-17; Psalms 19:12-14; 1 John 3:1-10; Psalms 32:1-7; James 1:13-15

# LESSON 3: LORDSHIP/OBEDIENCE

## Study (Read. Observe. Apply)

Colossians 1:16-18

1. List out the words that describe what Jesus has done or who he is

Philippians 2:9-11

2. What does vs. 9 say about Jesus?
3. What is the response of people to Jesus (2:10-11)?

Luke 9:23-26

1. What does Jesus call his disciples to do (9:23)?
2. What happens if we try and save our life (9:24)?
3. If we are ashamed of Jesus what will happen (9:26)?

James 4:7-8

1. Who are we supposed to submit to (4:7)?
2. What are we called to do in vs. 8?

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## Challenge

1. Memorize Verses
2. Share the “Throne of Life” illustration with two people

## Memorize

Colossians 1:16-18; Luke 9:23-26

## Supplemental Verses

Luke 6:46-49; Revelation 5:9; 1 Corinthians 8:5-6

# LESSON 4: VISION FOR SPIRITUAL GROWTH

## Study (Read. Observe. Apply)

Philippians 1:6

1. What does God promise to do for us in vs. 6?

Philippians 3:8

1. What does Paul count as more important than anything else in the world in vs. 8?

Matthew 6:33

1. What are the two things we should focus on seeking after in vs. 33?

Hebrews 12:1-2

1. What are we to throw off in our pursuit of Christ (12:1a)?
2. What are we to do instead (12:1b)?
3. What does vs. 2 tell us to do?

Romans 12:1-2

1. What are we supposed to do with our bodies (12:1)?
2. We are not suppose to be \_\_\_\_\_, but we are supposed to be \_\_\_\_\_.  
How does this happen (12:2)?
3. Why is it important for this to happen (12:2)?

John 15:1-4

1. What does Jesus encourage us to do (15:4)?
  2. Why is it important for us to do this?
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## Challenge

1. Memorize Verses
2. Begin to journal your spiritual growth

## Memorize

Matthew 6:33; Hebrews 12:1-2; Romans 12:1-2

## Supplemental Verses

Galatians 2:20; Hebrews 12:10; Colossians 3:1; John 14:21

# LESSON 5: HOLY SPIRIT'S ROLE

## Study (Read. Observe. Apply)

John 14:16-17

1. What does John say the Father will give us (14:16)?
2. How long will He be with us (14:16)?
3. Where does He dwell (14:17)?

John 14:26

1. What does John say the Holy Spirit will do for us in vs. 26?

John 16:7-11

1. Why does Jesus need to go away (16:7)?
2. What does the Holy Spirit convict the world of (16:8)?

Galatians 5:16-25

1. What does Paul say we are to walk by (5:16, 25)?
2. What are the works of the flesh (5:18-21)?
3. What are the fruit of the Spirit (5:22-23)?

Ephesians 1:13-14

1. What are we sealed with when we believed in Christ (1:13)?
2. Because we have this what are we guaranteed (1:14)? What is this?

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## Challenge

1. Memorize Verses
2. Continue to journal your spiritual growth

## Memorize

John 14:26; Ephesians 1:13-14; Galatians 5:22-23

## Supplemental Verses

John 15:26; John 16:13-15; Romans 8:26-27; 2 Peter 1:20-21; Ephesians 5:18-21; 1 Corinthians 12:13; Romans 8:5-17

# LESSON 6: THE WORD

## Study (Read. Observe. Apply.)

2 Timothy 3:16-17

1. Who wrote the scriptures (3:16a)?
2. What are the scriptures good for (3:16b-17)?

2 Peter 1:20-21

1. How does Peter say that the scriptures were written (1:20-21)?

Joshua 1:8

1. How long should we study the scriptures in vs. 8?
2. What is the result of us faithfully following the scriptures in vs. 8?

Psalms 1

1. What should our attitude be towards studying the bible (1:2)?
2. What other observations do you see in Psalms 1?

John 8:31-32

1. How do we know if we are disciples of Jesus (8:31)?
2. What does knowing the truth do (8:32)?

Matthew 7:24-28

1. What happens to the man's house who listens to the words of God and does them (7:24-25)?
2. What happens to the man's house who listens to the words of God and does not do them (7:26-27)?

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## Challenge

1. Memorize Verses
2. Have 3 "Quiet Times" this week and share what you've read/learned with two people
3. Continue to journal your spiritual growth

## Memorize

2 Timothy 3:16; Joshua 1:8; John 8:31-32

## Supplemental Verses

John 15:7; Matthew 5:17-20; Psalms 119:9-11; Matthew 24:35; Isaiah 55:8-11

# LESSON 7 :: PRAYER/FASTING

## Study (Read. Observe. Apply)

Matthew 6:5-15

1. How do hypocrites pray (6:5)
2. How do followers of Jesus pray (6:6-8)
3. What are key things that Jesus prays (6:9-13)

John 15:7

1. Why would Jesus ask us to remain in him and his words in us?
2. What does Jesus say we can ask for in vs. 7?
3. Do you think that if you're pursuing after Jesus you will ask for things that you know are not the best for you?

Philippians 4:6-7

1. Do you feel anxious often? What does Jesus say we should do in those moments (4:6)?
2. What is the response to our prayer (4:7)? Why do you think that's the response?

Luke 5:16

1. Where would Jesus go to pray in vs. 16?

Romans 8:26-27

1. In those times when we don't know what to pray, what does Romans 8:26-27 tell us?

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## Challenge

1. Memorize Verses
2. Have 3 "Quiet Times" this week
3. Spend 5 minutes praying each day (Upward, Inward, Outward)
4. Continue to journal your spiritual growth

## Memorize

John 15:7; Philippians 4:6-7; Romans 8:26-27

## Supplemental Verses

Mark 1:35; 2 Chronicles 7:14; John 17; Matthew 21:22; Proverbs 15:29



# LESSON 8: FELLOWSHIP/ACCOUNTABILITY

## Study (Read. Observe. Apply.)

Hebrews 10:24-25

1. What are believers suppose to do towards each other (10:24)?
2. What two things does vs. 25 encourage us to do?

John 13:34-35

1. What commandment does Jesus give us (13:34)?
2. What is our example of this commandment (13:34)?
3. Why is important for Christians to follow this commandment (13:35)?

James 5:16

1. What are two parts of the believer's relationship with each other in vs. 16?
2. What is the side affect of this vulnerability?

Philippians 2:1-4

1. What does Paul want us to be (2:2)?
2. What does Paul want us to do (2:3-4)?

Matthew 18:15-17

1. When it comes to holding eachother accountable to our sin, what is the process that Jesus encourages us to follow?

Ephesians 4:32

1. What characteristics/commands does Paul tell us to have in vs. 32?

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## Challenge

1. Memorize Verses
2. Meet with some other guys and being to hold each other accountable
3. Have 4 "Quiet Times" this week
4. Pray for 10 minutes each day (Upward, Inward, Outward)
5. Continue to journal your spiritual growth

## Memorize

1 Corinthians 12:12-17; Hebrews 10:24-25; John 13:34-35; James 5:16

## Supplemental Verses

Matthew 5:23-26; Romans 15:5-7

# LESSON 9: WITNESSING/EVANGELISM

## Study (Read. Observe. Apply.)

Acts 1:8

1. Where does our power to share the gospel come from (1:8)?
2. What are we called to be (1:8)? And to where are we to be this (use common geography)?

Matthew 4:19

1. What does Jesus ask his disciples to do?
2. What will he make them into?

Romans 1:16

1. What is Paul's opinion of the gospel?
2. What does he believe the gospel can do?

1 Peter 3:15

1. What should we prepare for people who question us in vs. 15?
2. How should we communicate with these kinds of people?

Romans 10:14-15

1. What does vs. 14 tell us?
  2. What does Paul say about people who share the gospel (10:15)?
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## Challenge

1. Memorize Verses
2. Share your story, the bridge or engage in a "spiritual conversation" with two people
3. Have 4 "Quiet Times" this week
4. Pray for 10 minutes each day (Upward, Inward, Outward)
5. Continue to meet with your accountability partners
6. Continue to journal your spiritual growth

## Memorize

Acts 1:8; Romans 1:16; Matthew 4:19

## Supplemental Verses

Acts 8:26-38; Acts 2:41; Luke 10:1-3

# LESSON 10: MULTIPLICATION

## Study (Read. Observe. Apply.)

Matthew 28:18-20

1. What does Jesus tell us to make (28:18)?
2. Where are we supposed to go (28:18)?
3. What are we supposed to do (28:19-20)?
4. Are we doing this by ourselves (28:20)?

2 Timothy 2:2

1. What is the process of discipleship/multiplication in vs. 2?
  2. How many generations of disciples are there in vs. 2?
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## Challenge

1. Memorize Verses
2. Begin to list out people you would want to start pouring into (small group, peers, etc.)
  - Person #1
  - Person #2
  - Person #3
3. Share your story, the bridge, or engage in a “spiritual conversation” with two new people
4. Have 5 “Quiet Times” this week
5. Pray for 15 minutes each day (Upward, Inward, Outward)
6. Continue to meet with your accountability partners
7. Evaluate your spiritual growth... Where do we need to spend more time?

## Memorize

Matthew 28:18-20; 2 Timothy 2:2

## Supplemental Verses

Add in the future

*(Adapted from: Student Mobilization, Cru, Navigators, Fellowship R3 Wheel, Tim Howington's Notes)*

**Essentials (To Be Taught)**

- 1) Security of Believer
  - a. I'm Saved...
  - b. What's ahead
- 2) Forgiveness of sin(s)
  - a. Past
  - b. Present
  - c. Future
- 3) Vision for Growth (Vision/Wheel)
  - a. Not done yet
  - b. God wants to use you
- 4) Holy Spirit's Role
  - a. Your power source
  - b. Conviction/Victory over sin
- 5) The Word
  - a. Importance
  - b. Starting Point
  - c. Quiet Time/Devotional
- 6) Prayer
  - a. Conversation
  - b. Let's try
- 7) Fellowship/Accountability
  - a. Accountability
  - b. Cell Group
  - c. Church
  - d. Others
- 8) Serving/Leading
  - a. Serving (Loving others)
  - b. Leading (Bible Study, Cell Group, Peers)
- 9) Witnessing/Evangelism
  - a. Their need/Your need
  - b. Your Story
  - c. Go (Local/Global)
- 10) Multiplication (Disciple making)
  - a. What I've taught you...
  - b. Go teach others...
  - c. To teach others...

**Life on Life (To Be Caught)**

- 1) Faith
  - a. Where are you at
  - b. How are you serving
  - c. Need help
- 2) Family
  - a. How's your relationship with...
- 3) Friends
  - a. How's your relationship with...
  - b. Who's on your radar
  - c. Let's pray
- 4) Health (Spiritual, emotional, mental, physical)
  - a. Struggles
  - b. Success
  - c. Plan
- 5) School
  - a. Hard
  - b. Good
  - c. Opportunities
- 6) Finances (Depends on age)
- 7) Future
  - a. What's next
  - b. Help them process
- 8) Fun
  - a. Hobbies
  - b. Adventures
  - c. Laugh